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# 全品 高考复习方案

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听课手册

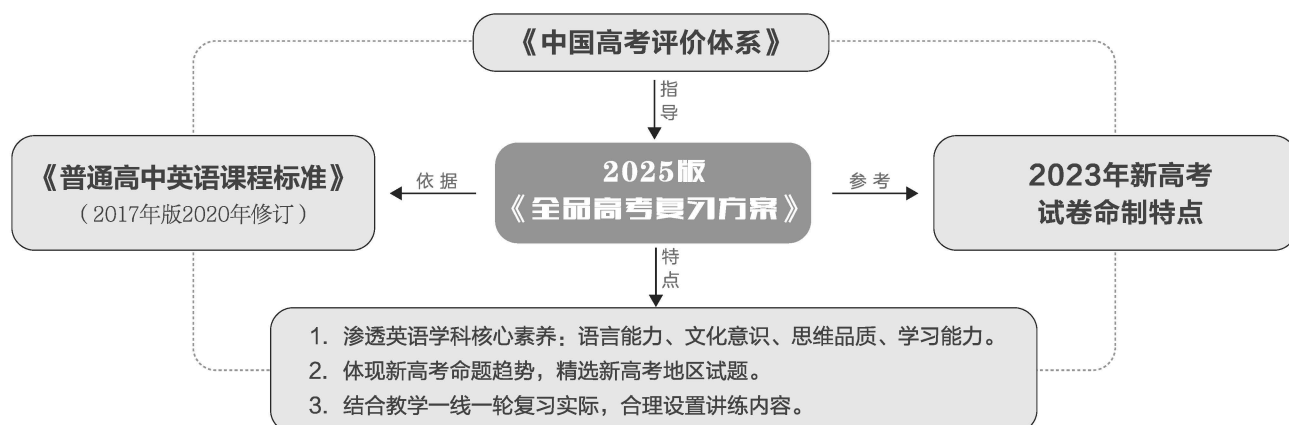
## 英语

RJ

# 新教材 新高考 新一轮

英语

21



## ▼ 图书结构与特点



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## WELCOME UNIT

主题语境:人与自我——生活与学习

## 佳作晨读赏析

[2022·新高考全国I卷] 假定你是校广播站英语节目“Talk and Talk”的负责人李华,请给外教Caroline 写邮件邀请她做一次访谈。内容包括:

1. 节目介绍;
2. 访谈的时间和话题。

## 精彩美文

Dear Caroline,

I'm Li Hua, the student **in charge of** “Talk and Talk”, which is a popular English programme in our school radio station. I am writing to ask **whether you are available to be present at our programme next week.**

The programme, **meant to promote the students' interest** in English learning and **broaden their horizons**, has **gained in popularity** ever since it was set up two years ago. Each week we invite experienced and popular teachers of different subjects to share their thoughts with us. Starting at 12 o'clock on Friday, the interview will last forty minutes, **during which time you are expected to cover anything related to English or what school life is like in your country.**

I earnestly hope you can accept my invitation.

Yours sincerely,

Li Hua

## 名师点睛

1. 文章体裁:应用文——邀请信。

2. 谋篇布局:

Paragraph 1: 自我介绍 + 写信目的(邀请访谈)

常用句型: I am writing to...

Paragraph 2: 写作要点(节目介绍 + 访谈的时间和话题)

Paragraph 3: 结束语

常用句型: I earnestly hope you can accept my invitation.

3. 高级词汇短语: in charge of(负责), promote(提升), broaden one's horizons(拓宽某人的视野), gain in popularity(流行)等。

4. 高级句式: ①宾语从句: whether you are available to be present at our programme next week; ②过去分词短语作定语: meant to promote the students' interest...; ③定语从句: during which time you are expected to cover anything related to English or what school life is like in your country 等。

## 语境词汇串记

词句默写部分见《默写本》

On my first day of **senior high school**, I came across May. As the only **exchange student** from China, she **made a deep** 1. \_\_\_\_\_ (**impress**) on me. Dressed in a **formal** uniform, she looked a bit shy. I know everyone is **frightened** of 2. \_\_\_\_\_ (**leave**) alone, so I offered to be her **learning partner** and **keep her company**.

After a short self-introduction, I helped her with the 3. \_\_\_\_\_ (**register**) card, filling in personal information such as **sex**, **nationality** and so on. Being 4. \_\_\_\_\_ **outgoing** girl, I

quickly carried her through the **awkward** period.

She has clear learning goals and useful 5. \_\_\_\_\_ (**strategy**). In the **lecture** hall, she **concentrated all her attention on** the **lecturer** and **taking notes** carefully. In the physics lab, when doing **experiments**, she looked 6. \_\_\_\_\_ (**annoy**), but with my help, she gradually **built up** 7. \_\_\_\_\_ (**confident**) and felt less **anxious at last**.

School was over at 6 **p.m.** We **revised** lessons together and then I took her 8. \_\_\_\_\_

(explore) the campus. She was curious about everything. We shared a lot. She dreams of becoming a 9. \_\_\_\_\_ (design) while I look

forward to 10. \_\_\_\_\_ (have) my own company in the future. What a lovely day!

## 考点互动探究

### 单词点睛

① **exchange** *n.* 交换; 交流 *vt.* 交换; 交流; 交易; 兑换

- |                          |         |
|--------------------------|---------|
| (1) an exchange student  | 交换生     |
| in exchange for...       | 交换……    |
| (2) exchange sth for sth | 把……换成…… |
| exchange sth with sb     | 与某人交换某物 |

[考点多维练]——单句填空

①[《鲁宾逊漂流记》] He offered his services as a guide in exchange \_\_\_\_\_ a place to stay for the night.

②[2021·浙江6月考] On August 5, the number of postcards \_\_\_\_\_ (exchange) by members topped 31 million.

③ \_\_\_\_\_ (exchange) gifts and sending Christmas cards are the modern ways of celebrating Christmas in the world.

[写作步步升]——完成句子

④[2023·新高考全国I卷] That way, you could \_\_\_\_\_ (交流想法) on what makes each of you special and the aspects of your personality that shine through.

⑤Through group activities, we \_\_\_\_\_ (相互交流了我们学习英语的经验) and benefited a lot from it. (应用文写作之活动感受)

② **design** *n.* 设计; 设计方案 *vt.* 设计; 筹划

- |                              |                 |
|------------------------------|-----------------|
| (1) be designed for sb/sth   | 为……而设计          |
| be designed to do sth        | 目的是做……; 为做……而设计 |
| (2) by design (= on purpose) | 故意地, 蓄意地        |
| (3) designer <i>n.</i>       | 设计者, 设计师        |

[考点多维练]——单句填空

①[2019·全国卷III] For Western \_\_\_\_\_ (design), China and its rich culture have long been an inspiration for Western creative.

②Levine took parents' education into consideration when \_\_\_\_\_ (design) her experiment.

③[2023·新高考全国I卷] Each chapter concludes with a collection of practices, which

\_\_\_\_\_ (design) to help you act on the big ideas of the chapter.

[写作步步升]——完成句子

④The speech, especially \_\_\_\_\_, is scheduled in the hall from 4: 00 pm to 5: 00 pm, next Friday. (应用文写作之通知)  
这次演讲定于下周五下午4点至5点在大厅举行, 是为我校的高年级学生专门筹划的。

③ **anxious** *adj.* 焦虑的, 不安的; 渴望的

- |                              |            |
|------------------------------|------------|
| (1) be anxious about sth     | 为某事担心/担忧   |
| be anxious for sth/to do sth | 渴望某事/做某事   |
| (2) anxiety <i>n.</i>        | 焦虑, 忧虑, 担心 |
| with anxiety (= anxiously)   | 焦虑地        |

[考点多维练]——单句填空

①After two defeats, the team are now anxious \_\_\_\_\_ a victory to cheer up the players.

②[2022·全国甲卷] When I was 14, I was so anxious \_\_\_\_\_ (see) more art than a friend of mine and I bicycled across the Alps to see *Venus*.

③[2021·北京卷] According to researchers, listening to just 30 minutes of soft music every day may help with healthy blood sugar levels, through the lowering of stress and \_\_\_\_\_ (anxious).

[写作步步升]——完成句子

④They all \_\_\_\_\_ at their desks for the exam to begin. The professor handed out the exam papers with the text facing down, as usual.

他们全都坐在桌旁焦急地等待考试的开始。像往常一样, 教授将试卷正文朝下分发下去。

⑤Faced with everything unfamiliar, I \_\_\_\_\_ . I couldn't adapt to the new school. \_\_\_\_\_, my English teacher encouraged me to face everything courageously. (读后续写之心理描写)

面对陌生的一切, 我感到焦虑和孤独。我无法适应新学校。看到我的焦虑, 我的英语老师鼓励我勇敢面对一切。

④ **annoy** *vt.* 使恼怒; 打扰

- |                                    |             |
|------------------------------------|-------------|
| (1) annoy sb with sth/by doing sth | 因(做)某事使某人烦恼 |
|------------------------------------|-------------|

- (2) **annoyed** *adj.* 恼怒的;生气的  
 be annoyed with sb 对某人感到生气  
 be annoyed at/about sth 因某事生气  
 (3) **annoying** *adj.* 使恼怒的;使生气的  
 (4) **annoyance** *n.* 恼怒,生气;使人烦恼的事

[考点多维练]——单句填空

- ① [2023·全国甲卷] You'll soon find that the more patience you practise, the more you start to apply it to other, more \_\_\_\_\_ (annoy) situations.  
 ② [2021·浙江6月考] If you ever get the impression that your dog can "tell" whether you look content or \_\_\_\_\_ (annoy), you may be onto something.  
 ③ [2019·全国卷Ⅲ] Don't openly express \_\_\_\_\_ (annoy) at a professor or class.

[写作步步升]——完成句子

- ④ She \_\_\_\_\_ that she could no longer contain her anger and shouted at her husband. (读后续写之情绪描写)  
 她太生气了以至于她再也控制不住自己的怒火,对着丈夫大喊大叫。  
 ⑤ \_\_\_\_\_. I picked up the receiver between two sticky fingers and was dismayed when I recognized the voice of Mrs Bates. (读后续写之情绪描写) 没有什么能比这更烦人了。我用两个黏糊糊的手指捏起了听筒,当听出是贝茨夫人的声音时,我非常失望。

⑤ **frightened** *adj.* 惊吓的;害怕的

- (1) be frightened of... 对……感到害怕  
 be frightened to do sth 害怕做某事  
 be frightened to death 吓得要死  
 (2) **frighten** *v.* 使惊吓;吓唬  
 frighten sb/sth off/away 将某人/某物吓跑  
 (3) **frightening** *adj.* 令人恐惧的

[考点多维练]——单句填空

- ① [2020·全国新高考Ⅱ卷] He kicked it wide open, finding a \_\_\_\_\_ (frighten) woman in a wheelchair with a little boy and a tiny baby.  
 ② When he heard the \_\_\_\_\_ (frighten) news that an earthquake occurred again in Sichuan, a \_\_\_\_\_ (frighten) look came into his face.

[写作步步升]——完成句子

- ③ \_\_\_\_\_, I felt the joy of learning to do something independently and grateful

for the meaningful memory with my father. (读后续写之个人感受)

尽管这段经历有点可怕,但我感受到了学会独立做事的快乐,并感谢与父亲(在一起)的那段有意义的回忆。

- ④ When giving her speech for the first time on the stage, she \_\_\_\_\_ she could not fix her thoughts on anything.

当她第一次上台演讲时,她非常害怕,以至于什么都想不起来。

⑥ **impression** *n.* 印象;感想

- (1) make/leave/have an/the impression on/upon 给……留下印象  
 (2) **impress** *v.* 使钦佩;给……留下印象;使铭记  
 impress sth on/upon sb 使某人铭记某事物  
 impress sb with sth 某事物使某人印象深刻  
 be impressed by/with 对……印象深刻  
 What impresses sb most is sth/that... 让某人印象最为深刻的是……  
 (3) **impressive** *adj.* 使人印象深刻的;令人难忘的

[考点多维练]——单句填空

- ① [2022·全国甲卷] Antarctica left an \_\_\_\_\_ (impress) on me that no other place has.  
 ② [2022·全国甲卷] With an \_\_\_\_\_ (impress) 2,000-seat concert hall, St David's Hall is home to the annual Welsh Proms Cardiff.  
 ③ \_\_\_\_\_ (impress) by the students' excellent presentations, the teachers from other schools spoke highly of the students in Xiaoshi High School.

[写作步步升]——完成句子

- ④ We are delighted to receive works with various themes of people, life and scenery on campus, \_\_\_\_\_.

(应用文写作之征文)

我们很高兴收到关于校园里的人物、生活和风景等不同主题的作品,这些作品可能会给你留下深刻的印象。

- ⑤ \_\_\_\_\_ during my trip to Beijing was the snow of the Forbidden City and its high-quality tour guide service. (主语从句)  
 北京之行最令我印象深刻的是故宫的雪以及其优质的导游服务。

## ⑦ curious adj. 好奇的,求知欲强的

(1) be curious about sth	对某事好奇
be curious to do sth	极想做某事
(2) curiosity n.	好奇心
with curiosity	好奇地
out of curiosity	出于好奇

### [考点多维练]——单句填空

① [2020·全国卷Ⅲ] Filled with \_\_\_\_\_ (curious), the artist packed his bags and left.

② Everybody on board was worried and we were curious \_\_\_\_\_ (find) out what had happened.

③ He looked at me \_\_\_\_\_ (curious) as if he had some doubt which he did not dare to express.

### [写作步步升]——完成句子

④ \_\_\_\_\_, Frank stopped to get closer to the scene, only to find the man took a step forward and dropped into the dark river below. (读后续写之心理描写)

弗兰克既好奇又困惑,停下来靠近现场,却发现这名男子向前走了一步,掉进了下面黑暗的河里。

⑤ \_\_\_\_\_ (对……感到好奇) traditional Chinese culture, she came to China and soon fell in love with Chinese.

## 短语储存

### ① leave...alone 不打扰;不惊动

leave behind	遗留;留下;遗忘;把……抛在后面
leave for	出发去……
leave...aside	不予考虑;把……搁置一边
leave out	省略;遗漏;不考虑……

### [考点多维练]——短语填空

① I wish everyone would stop interfering and just \_\_\_\_\_ me \_\_\_\_\_.

② The teacher required us to \_\_\_\_\_ some unnecessary words in our essays.

③ When moving to a new city, one often finds it not easy to decide what to take and what to \_\_\_\_\_.

④ I am going to finish my studies in England soon, and will \_\_\_\_\_ China next month.

### [写作步步升]——完成句子

⑤ As Ann \_\_\_\_\_ when Mother was away, she was so alarmed that she dared not turn off the lights.

当母亲不在,安独自一人留在家里时,她害怕得不敢关灯。

## ② look forward to 盼望;期待

look up to	钦佩;仰慕;尊敬
look back (on)	回顾;回忆
look down upon/on...	轻视/看不起……

[温馨提示] look forward to 中的 to 为介词,遇到动词作宾语时,要用 v.-ing 形式。

### [考点多维练]——单句填空

① [外研必修一] I knew I had done a good job and was looking forward to \_\_\_\_\_ (get) a positive comment.

② The Internet gives people the chance to have the information they look forward to \_\_\_\_\_ (deliver) to them quickly and cheaply.

### [写作步步升]——完成句子

③ [2023·新高考全国Ⅱ卷] Don't throw away your beginner art. You'll want to \_\_\_\_\_ (回顾) your journey to see how far you've come.

④ Small acts of kindness will go a long way. \_\_\_\_\_ (应用文写作之倡议书)

小小的善举会有很大的帮助。期待您的积极参与。

## 句型透视

### ① (教材 P4) What if no one talks to me?

要是没人跟我说话怎么办呢?

#### 句型公式

What if...? 要是……将会怎么样?

#### [句式点拨]

what if 用于提出假设或提出邀请和建议时,意为“要是……将会怎么样? 如果……怎么样?”,其后句子要用陈述语气(用一般现在时)。

[温馨提示] what if 也可用于虚拟语气,此时从句谓语用一般过去时或“should+动词原形”。

What if I should fall/fell sick and not be/wasn't able to work?

万一我生病不能工作的话怎么办?(提出假设,用于虚拟语气)

#### [相关拓展]

(1) How come...? 怎么会……? 为什么……?

(2) How/What about (sth/doing sth) ...? ……怎么样?

### [考点多维练]——单句填空

① [2023·北京卷] What if talking \_\_\_\_\_ (be) the first step towards life as a criminal?

②It's still early. How about \_\_\_\_\_ (go) to get something to eat?

[写作步步升]——完成句子

③[2023·浙江1月考] The thought of leaving them fills me with fear. \_\_\_\_\_?

一想到要离开他们,我就充满了恐惧。如果他们其中一个摔倒了怎么办?

④As to our next trip, \_\_\_\_\_ next Saturday if weather permits? (应用文写作之咨询信)

至于我们的下一次旅行,如果天气允许,下周六在附近的湖边露营怎么样?

② (教材P4) I found most of my classmates and teachers friendly and helpful. 我觉得我的大多数同学和老师都很友好,而且乐于助人。

句型公式

“find + 宾语 + 宾补”结构

### 【句式点拨】

此句中使用了“find + 宾语 + 宾补”结构,形容词 friendly 和 helpful 在句中作宾语补足语。

### 【相关拓展】

(1)“find + 宾语 + 宾补”结构中可作宾补的有:

形容词/副词/介词短语

现在分词(表主动和正在进行)

过去分词(表被动和完成)

(2)find oneself... 意为“在不知不觉中发现自己处于某种境地”。

(3)find + it + adj./n. + to do (it 作形式宾语, to do 作真正的宾语)

### [考点多维练]——单句填空

①[2022·全国乙卷] Some mornings, Rosamond and Dorothy would arrive at the schoolhouse to find the children \_\_\_\_\_ (weep) from the cold.

②[2021·新高考全国Ⅱ卷] For Texas cattleman Pete Bonds, it's increasingly difficult to find workers \_\_\_\_\_ (interest) in watching cattle.

③[2022·全国甲卷] As Ginni Bazlinton reached Antarctica, she found herself \_\_\_\_\_ (greet) by a group of little Gentoo penguins(企鹅) longing to say hello.

④[2021·全国甲卷] When I returned to London in 2004, I found myself \_\_\_\_\_ (wander) down to Southbank, spending hours there.

[写作步步升]——完成句子

⑤After entering high school, I \_\_\_\_\_, so I feel deeply confused and anxious, and sincerely hope that you can provide me with some practical and workable advice. (应用文写作之求助信)

进入高中之后,我发现(自己)很难适应新的学校生活,为此,我深感困惑和焦虑,并诚恳地希望你能为我提供一些切实可行的建议。

⑥[2022·新高考全国Ⅰ卷] After making sure that David could run if he wanted, \_\_\_\_\_, his small body rocking from side to side as he swung his feet forward. (读后续写之动作描写)

在确定戴维想跑就可以跑之后,我转过身来,发现他向我走来,双脚向前摆动时,他的小身体左右摇摆。

## 当堂过关检测

★提示:加黑词汇为复现词汇

### ① 单句填空

1. On seeing the \_\_\_\_\_ scene, she was so \_\_\_\_\_ that she burst out crying. (frighten)

2. Our school held a special fashion show last week on which we wore clothes \_\_\_\_\_ (design) by ourselves.

3. Out of \_\_\_\_\_ (curious), I attended a **lecture** on cultural diversity during an international **exchange** programme.

4. I do believe that this year's music festival will surely leave a deep \_\_\_\_\_ (impress) on you.

5. Due to his \_\_\_\_\_ (concentrate) on the **experiment**, he accidentally spilled a chemical, causing an **awkward** situation in the laboratory.

6. [2021·新高考全国Ⅰ卷] With a smile of understanding \_\_\_\_\_ (flash) across his face, Dad suddenly figured out their secret.

7. I'm looking forward to \_\_\_\_\_ (exchange) ideas with the **designer** after the **lecture**.

8. [2023·新高考全国Ⅰ卷] Whatever the mistake, remember it isn't a fixed aspect of your \_\_\_\_\_ (personal).

9. [2023·新高考全国Ⅱ卷] Since June 2017, right before the arrival of the two new pandas, Meng Meng and Jiao Qing, I have been helping the panda keepers at the zoo to feel more comfortable and \_\_\_\_\_ (confidence) speaking English.



10. [2023·新高考全国I卷] If we keep the fixed grouping mode, there will be limited room for our \_\_\_\_\_ (improve).

11. [2023·新高考全国I卷] The **goal** of this book is to make the case for digital minimalism, including a detailed \_\_\_\_\_ (explore) of what it asks and why it works.

12. [2023·新高考全国I卷] You'll hear these participants' stories and learn what \_\_\_\_\_ (strategy) worked well for them, and what traps they encountered that you should avoid.

13. If you want to take a book out, you just need to fill in and submit a \_\_\_\_\_ (register) form for a library card.

14. It's just an \_\_\_\_\_ (formal) party, so you can wear anything you want, like T-shirts and jeans.

15. The local \_\_\_\_\_ (organize) were **annoyed** at the lack of support and recognition from the community.

## II 短语检测

1. She's asked to \_\_\_\_\_ (不打扰) but the press photographers follow her everywhere.

2. Many students \_\_\_\_\_ (报名参加) these courses to widen skills for use in their current jobs.

3. With so many things to worry about, he couldn't \_\_\_\_\_ (集中精力于) his study.

4. I have been \_\_\_\_\_ (盼望) having a chance to pay a visit to Huangshan.

5. \_\_\_\_\_ (记笔记) and reviewing them are among the simple learning habits we too often overlook.

6. I \_\_\_\_\_ (对……感到好奇) the silence, then returned to the door of Iris' room and looked in.

7. After three hours' frustrating delay, the train \_\_\_\_\_ (终于,最终) arrived.

8. In order to \_\_\_\_\_ (留下好印象) during a job interview, you need to prepare yourself for the interview.

## III 重点句型

1. \_\_\_\_\_ .  
你会发现这次为交换生设计的活动非常有意义。

2. \_\_\_\_\_ . (never... without)  
没有你对准备工作的帮助,活动不会如此成功。

3. [2018·天津卷] \_\_\_\_\_ you weren't that interested in? (what if) 如果他们长时间谈论一幅你不那么感兴趣的画会怎么样呢?

4. Travelling is a good way \_\_\_\_\_ and broaden the mind. (explore)  
旅行是探索不同文化和开阔眼界的好方法。

## IV 课文语法填空

My name is Han Jing who is not 1. \_\_\_\_\_ **outgoing** girl. This is my first **senior high school** day and I am a little 2. \_\_\_\_\_ (anxiety). I was wondering whether I could make a good first 3. \_\_\_\_\_ (impress) and make any good 4. \_\_\_\_\_ (friend). In my first maths class, 5. \_\_\_\_\_ it was difficult, the teacher was friendly and kind, who even told us a 6. \_\_\_\_\_ (fun) story, 7. \_\_\_\_\_ made us laugh heartily. In the afternoon, we 8. \_\_\_\_\_ (have) our chemistry class in the science lab. The lab is new and the lesson was great. Now, I 9. \_\_\_\_\_ (firm) believe I can make new friends and I am 10. \_\_\_\_\_ (confidence) than I felt in the morning. I think that tomorrow will be a great day!

## 语言素养提升

### I 动词变形练

1. At last, his years of hard work paid off and he \_\_\_\_\_ (admit) to Beijing University.

2. He wrote a letter to me, \_\_\_\_\_ (admit) that he had misunderstood me.

3. He was beginning to get very \_\_\_\_\_ (annoy) with me about my carelessness.

4. The man \_\_\_\_\_ (apply) for the post of a signalman on the railway, but was turned down as he was colour-blind.

5. Some learning difficulties \_\_\_\_\_ (arise) from the way children were taught at school.

6. Problems \_\_\_\_\_ (arise) over plans to build a new supermarket here since last year.

7. It was midday when she \_\_\_\_\_ (awake).

II 构词法规则

构词法	前缀 en-表示“使”、“使成为”、“使做……”
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指出下列黑体词的含义

1. [2023·新高考全国I卷] *Xiao long bao* (soup dumplings), those amazing constructions of delicate dumpling wrappers **encasing** hot, tasty soup and sweet, fresh meat, are far and away my favourite Chinese street food. \_\_\_\_\_
2. It is Anne that **enlightens** Helen's mind and brings a broad world to her. \_\_\_\_\_
3. "Her name is Gracie," my husband said, reading a sign by the fence that **enclosed** the pool. \_\_\_\_\_
4. [2023·北京卷] Nevertheless, not much will change until schools with high-quality teaching are rewarded with more resources, higher rankings and increased **enrolments**. \_\_\_\_\_
5. Sunzi was a general, military strategist and thinker in the Spring and Autumn Period, whose ingenious military strategies were recorded in a book **entitled** *Sunzi Bingfa*. \_\_\_\_\_

III 熟词生义练

众所周知,初、高中英语教材中的单词清单所给出的只是每个单词最基本的意思,即“熟义”。然而,教材“熟词”在高考文章中却产生了“生义”或“多义”,这便是我们常说的“熟词生义”或“一词多义”现象。

指出下列黑体词在句中的不同含义

1. absent
- ①[2022·新高考全国I卷] His usual big toothy smile was **absent** today. \_\_\_\_\_
- ② When I spoke to him, he looked at me in an **absent** way and didn't answer. \_\_\_\_\_
2. access
- ①[2021·全国甲卷] We **accessed** the wall through the South Gate. \_\_\_\_\_

② The emergency exit provides a safe **access** for people during a fire. \_\_\_\_\_

③ This volunteer activity offers students valuable **access** to industry professionals. \_\_\_\_\_

3. address

①[2023·北京卷] She called for action to **address** the struggles of people around the world facing "too little water or too dirty water". \_\_\_\_\_

②[2022·全国乙卷] The chairman of the China Culture Promotion Society **addressed** the opening ceremony. \_\_\_\_\_

③[外研选修一] The event will begin at Williams Sports Centre at 6 pm with a welcome **address** followed by awards ceremony, with the evening closing at 8 pm. \_\_\_\_\_

④ I gave in to curiosity and opened the letter **addressed** to him. \_\_\_\_\_

4. admission

① By his own **admission**, he has achieved little since he took over the company. \_\_\_\_\_

② There's a notice outside the building that says "No **admission** before twelve noon". \_\_\_\_\_

③ How much do they charge for **admission**? \_\_\_\_\_

5. admit

①[2021·全国甲卷] "I have matured and I **admit** responsibility of my actions," he said in the letter. \_\_\_\_\_

② The narrow windows **admit** little light into the room. \_\_\_\_\_

③ The hospital **admitted** the patient immediately upon arrival due to the severity of his condition. \_\_\_\_\_

④ He was studying in the hope of being **admitted** to an engineering college. \_\_\_\_\_

写作素养提升

1. 情感细节描写——高兴与兴奋

【语言素材】

开心的	delighted	令某人开心的是	to one's delight/joy/excitement
开心的;满意的	pleased	高兴地跳起舞来/跳起来	dance/jump for/with joy
非常兴奋的	thrilled	情绪高涨	in high/cheerful spirits
高兴的	cheerful/joyful	欣喜若狂	be wild with joy/delight/happiness

狂喜的	overjoyed	高兴得无法形容	delighted/pleased beyond description
激动(地)	with excitement/excitedly	非常高兴	be seized by joy/be overcome with happiness
无法抑制内心的激动	can't contain one's excitement	脸上带着灿烂的微笑	with a bright smile on sb's face/wear a bright smile/smile brightly

## 【跟踪演练】

## ① 单句表达

1. \_\_\_\_\_, I gave a jump in the air and then **skipped** into the supermarket along with my smiling mother.

又高兴又激动,我蹦跶了一下,然后蹦蹦跳跳地跟着我微笑着的妈妈进了超市。

2. Sarah \_\_\_\_\_ as she opened the gift and discovered a plane ticket to her dream destination.

当萨拉打开礼物,发现一张去自己梦想中的目的地的机票时,她无法抑制自己的兴奋。

3. Her hands **were trembling** \_\_\_\_\_ as she opened the box.

当她打开盒子时,她的手激动地发抖。

4. After Steve learned this satisfactory result, \_\_\_\_\_ **swept over/flooded over/crowded in on** him.

史蒂夫听到这个令人满意的结果后,一种喜悦和幸福的感觉涌上心头。

5. I was \_\_\_\_\_, hardly able to

believe in my good fortune.

我高兴得无法形容,几乎无法相信我的好运。

## ② 语段表达

Summer vacation was coming. Jack and his brother Berlin 1. \_\_\_\_\_ (兴奋不已) as they thought of visiting their grandparents again. The big day came at last. After the happy family got ready, they **set out for the grandparents' eagerly**. On the way, the brothers

2. \_\_\_\_\_ (兴奋地谈论着) the fun they had with Grandparents. A little blue house with a tall white chimney finally appeared. **Behind the property was the forest carrying their good memories with Grandpa**. They arrived at the driveway, at the end of which Grandma 3. \_\_\_\_\_

\_\_\_\_\_ (高兴地等着他们). Jack and Berlin each **gave Grandma a big hug** and then swept to the living room, **shouting excitedly** "Grandpa, we are back!" Seeing his grandsons, Grandpa 4. \_\_\_\_\_

\_\_\_\_\_ (非常高兴).

## Unit 1 TEENAGE LIFE

主题语境:人与自我——生活与学习

## 佳作晨读赏析

[2023·全国乙卷] 学校英文报组织同学们分享自己在假期中学到的新技能,请你以此为主题写一篇短文投稿。内容包括:

1. 简要描述;
2. 体验和感受。

## 精彩美文

## Learn a new skill

During the summer vacation, I decided to try something new and **stepped into** the world of basketball. **Little did I know that this journey would be so meaningful for me.**

At first, I felt a little **awkward when facing others on the court**. Afterwards, **with each practice and game**, however, my confidence grew. I have learned the basic skills, and **embraced every challenge**. In many ways, **it was basketball that taught me the importance of discipline, teamwork, and perseverance**. The joy and satisfaction of making a perfect shot or a crucial play are **beyond words**.

Anyway, since this summer, basketball has become **more than** just a hobby for me—it has become part of my life.

## 名师点睛

1. 文章体裁:应用文——短文投稿。

2. 谋篇布局:

Paragraph 1: 新技能介绍

Paragraph 2: 写作要点(简要描述+体验感受)

Paragraph 3: 总结

3. 高级词汇短语: step into(进入), awkward(笨拙的), embrace every challenge(接受每一个挑

战), discipline(纪律), perseverance(不屈不挠), beyond words(溢于言表), more than(不仅仅)等。

4. 高级句式:①倒装句: little did I know that this journey would be so meaningful for me; ②状语从句的省略: when facing others on the court; ③介词短语作状语: with each practice and game; ④强调句: it was basketball that taught me the importance of discipline, teamwork, and perseverance 等。

## 语境词汇串记

词句默写部分见《默写本》

Being a **freshman** of senior high school is a **challenge**. One year closer to becoming 1. \_\_\_\_\_ **adult**, I have to make choices on my own.

What made me 2. \_\_\_\_\_ (**confuse**) first was which **extra-curricular activity** to join in. My parents **recommended** that I should choose the **volunteer** club. 3. \_\_\_\_\_ (**actual**) I think the English **debate club** is 4. \_\_\_\_\_ (**suitable**) for me. As a **fluent** English speaker, I **am attracted to** the feeling of expressing myself in English in public. I followed my heart finally.

Then came the time to choose courses. I **prefer**

Chinese 5. \_\_\_\_\_ any other subject. My dream is to be an **editor** or a writer after 6. \_\_\_\_\_ (**graduate**) from **university**. What's more, I **am** 7. \_\_\_\_\_ (**addict**) to Chinese literature. 8. \_\_\_\_\_ (**obvious**) I would **sign up for** it. Computer science is a course I will never **quit**. For a **teenager** of my **generation**, to master 9. \_\_\_\_\_ (**advance**) computer skills is a must. I soon worked out a **schedule** for my studies. I feel so lucky to be able to **focus on** what I enjoy doing and **be responsible for** my own 10. \_\_\_\_\_ (**behave**).

## 考点互动探究

## 单词点睛

① **prefer** *vt.* (preferred, preferred, preferring)  
较喜欢

(1) prefer doing/to do sth 宁愿做某事  
prefer sb to do sth 宁愿某人做某事  
prefer A to B 喜欢 A 多于 B  
prefer to do sth rather than do sth  
(= would rather do sth than do sth = would do sth rather than do sth) 宁愿做……而不愿做……  
(2) preference *n.* 喜爱;偏爱  
have a preference for 偏爱/喜爱……

[温馨提示] prefer 意为“更喜欢;较喜欢”,不与比较级连用。

[考点多维练]——单句填空

①[2022·全国乙卷] Friends need to talk about their \_\_\_\_\_ (prefer) methods of communication.

②[2022·全国甲卷] Mexicans consider it inappropriate to eat with utensils(餐具), instead \_\_\_\_\_ (prefer) to use their hands.

③ Research has shown that having a preference \_\_\_\_\_ junk food can result in obesity.

[写作步步高]——完成句子/一句多译

④ Besides, being an English editor requires you have a good command of English, especially written English. In addition, \_\_\_\_\_ if you have editing experience. (应用文写作之招聘信)

此外,作为一名英语编辑,你需要精通英语,尤其是书面英语。此外,如果你有编辑经验,你将是首选。

⑤ 如今一些青少年宁可待在家里上网,也不愿意到户外进行锻炼。

→Nowadays some teenagers \_\_\_\_\_ outdoors.

(prefer...to...)

→Nowadays some teenagers \_\_\_\_\_

outdoors. (prefer...rather than...)

→Nowadays some teenagers \_\_\_\_\_ outdoors.

(would rather...than...)

## ② confuse *vt.* 使糊涂;使迷惑;使混乱;混淆

- |                               |                    |
|-------------------------------|--------------------|
| (1) confuse A with/and B      | 把 A 与 B 混淆         |
| (2) confused <i>adj.</i>      | (人) 糊涂的; 困惑的       |
| be/get/feel confused about/by | 对……感到困惑            |
| (3) confusing <i>adj.</i>     | (事/物) 令人困惑的; 难以理解的 |
| (4) confusion <i>n.</i>       | 困惑                 |
| in/with confusion             | 困惑地                |

### [考点多维练]——单句填空

①[2023·新高考全国 I 卷] As for Bailey, she is more \_\_\_\_\_ (confuse) about why her act is considered a big deal.

②[2020·全国新高考 II 卷] The woman looked at him in \_\_\_\_\_ (confuse) and said something about changing her clothes.

③[2022·新高考全国 I 卷] Also, people aren't willing to change their views about food and nutrition as there is so much \_\_\_\_\_ (confuse) information online.

### [写作步步升]——完成句子

④[2020·全国卷 III] Having written the English script, I still \_\_\_\_\_ some expressions.

写完英文剧本后,我仍然对一些表达方式感到困惑。

## ③ recommend *vt.* 建议;推荐;介绍

- |   |                  |
|---|------------------|
| (1) recommend doing...                                    | 建议做……            |
| recommend sb to do sth                                    | 建议某人做某事          |
| recommend sth to sb                                       | 向某人推荐某物          |
| recommend that sb (should) do...                          | 建议某人做……(从句用虚拟语气) |
| It's (strongly/highly) recommended that sb (should) do... | (强烈)建议某人做……      |
| (2) recommendation <i>n.</i>                              | 推荐;求职介绍信         |

### [考点多维练]——单句填空

①[2022·新高考全国 I 卷] Starting at 12 o'clock on Sunday, the interview will last forty minutes, during which time you are expected to give us some \_\_\_\_\_ (recommend) on how to reduce stress.

②[2022·全国乙卷] It is believed that today's children and teenagers are consuming three times the \_\_\_\_\_ (recommend) level of sugar, putting them at a higher risk of the disease.

③ Eye doctors recommend that a child's first eye examination \_\_\_\_\_ (take) at the age of six months old.

### [写作步步升]——完成句子/一句多译

④ With the advantages mentioned above, I \_\_\_\_\_ and your participation deserves our expectation. (应用文写作之推荐信)

鉴于上述优势,我向您强烈推荐我们的俱乐部,您的加入值得我们期待。

⑤ 我建议你在做任何决定之前要三思而后行。

→ I \_\_\_\_\_ before you make any decision. (用不定式)

→ I recommend that \_\_\_\_\_ before you make any decision. (用宾语从句)

## ④ advance *n.* 前进;发展 *vi.* 前进;发展 *vt.* 发展;促进

- |                                  |              |
|----------------------------------|--------------|
| (1) in advance (= ahead of time) | 在……前;预先,提前   |
| make advances in (= advance in)  | 在……方面取得进步/进展 |
| (2) advance on/towards...        | 朝……前进        |
| (3) advanced <i>adj.</i>         | 高等的;先进的;高级的  |

### [考点多维练]——单句填空

① [2023·北京卷] Compared with the developments of AI, \_\_\_\_\_ (advance) in ALife are harder to recognize.

② [译林必修一] I found maths quite easy and enjoyable because the material was less \_\_\_\_\_ (advance) in the UK than in China.

③ [2023·浙江 1 月考] But no matter when you travel, it's a good idea to make your reservations at least 90 days \_\_\_\_\_ advance.

### [写作步步升]——完成句子

④ Anyone who wants to take \_\_\_\_\_ must sign up for it \_\_\_\_\_. (应用文写作之通知)

任何想修高级课程的人都必须提前报名。

⑤ Technology \_\_\_\_\_ these days that new and amazing electronics are replaced by even newer and \_\_\_\_\_ in the blink of an eye.

如今,科技发展如此迅速,以至于新的令人惊叹的电子产品在眨眼间就被更新、更先进的设备所取代。

## ⑤ schedule *n.* 工作计划;日程安排 *vt.* 安排;预定

(1) ahead of schedule (= ahead of time)

(进度上)提前

on schedule (= on time)

准时

a busy/tight schedule

紧张的日程安排

(2) be scheduled for

定在……进行

be scheduled to do sth

计划/安排做某事

as scheduled

如期;按照预定时间

[考点多维练]——单句填空

① [2022 · 全国乙卷] With busy \_\_\_\_\_ (schedule), squeezing in phone calls can be a challenge.

② As for the time and way, we'd like to have the lesson \_\_\_\_\_ (schedule) between April 3 and April 7, lasting 3 hours through an online conference application.

③ [2022 · 新高考全国 II 卷] The two travellers carefully plan their trips, \_\_\_\_\_ (schedule) their days around the pets that are sometimes difficult to please.

[写作步步升]——完成句子

④ To promote the beauty of traditional Chinese culture, the Han Chinese Clothing Show \_\_\_\_\_ in the Art Hall of our school next Saturday. (应用文写作之通知)

为了弘扬中国传统文化之美,定于下周六在我校美术馆举行汉服展。

⑥ attract vt. 吸引,引起……的注意(或兴趣)

(1) attract one's attention

吸引某人的注意

be attracted to

被……所吸引;喜爱……

(2) attraction n.

吸引;有吸引力的事物

tourist attractions/spots = places of interest

旅游胜地

(3) attractive adj.

有吸引力的;吸引人的

[考点多维练]——单句填空

① [2022 · 新高考全国 I 卷] A city pass, with which she can visit 12 different \_\_\_\_\_ (attract), including the National History Museum, the Science Museum, the zoo and more.

② [2020 · 全国新高考 I 卷] A few years later, still \_\_\_\_\_ (attract) to the country, he returned to Uzbekistan to write an article about the disappearance of the Aral Sea.

③ [2020 · 全国卷 I] It's this strange form that makes race walking such an \_\_\_\_\_ (attract) activity.

[写作步步升]——完成句子

④ [2022 · 新高考全国 I 卷] As the most popular programme in the school radio station, our programme \_\_\_\_\_ ever since it was set up two years ago. (应用文写作之节目介绍) 作为学校电台最受欢迎的节目,我们的节目自两年前成立以来,已吸引了数百名固定听众。

短语储存

① focus on/upon 集中;特别关注

focus vi. & vt.

集中(精力、注意力等);  
(使)调节焦距

n.

中心点;重点;焦点

focus/concentrate/fix

one's attention/mind/

efforts on/upon...

集中注意力/精力于……

the focus of sth

……的焦点

[考点多维练]——单句填空

① [2023 · 北京卷] It has been proved that people have a bias (偏向) towards the present, \_\_\_\_\_ (focus) on loud attractions in the moment at the expense of the health.

② [2021 · 新高考全国 I 卷] Emotional intelligence, with its focus \_\_\_\_\_ both head and heart, may serve to point us in the right direction.

③ While going rock climbing, you need to remain very \_\_\_\_\_ (focus) so that you won't make any dangerous errors.

[写作步步升]——完成句子/句式升级

④ He stood before the crowd, feeling very uneasy as all the eyes \_\_\_\_\_ him.

→ He stood before the crowd, feeling very uneasy \_\_\_\_\_ him. (用 with 复合结构改写)

他站在人群面前,当所有人的目光都集中在他身上时,他感到很不安。

② addicted to 对……很入迷

(1) addicted adj.

上瘾的;入迷的

be/become/get addicted to sth/doing sth

沉迷于……;专心做……

(2) addict n.

对……入迷的人;吸毒成瘾的人

(3) addiction n.

嗜好;瘾

[考点多维练]——单句填空

① The kids' \_\_\_\_\_ (addict) to social media threw the young parents into an awkward situation.

②Generally speaking, women are more addicted to \_\_\_\_\_ (buy) new things than men.

③[外研选修三] So, ever since I discovered selfie apps that could remove my freckles, enlarge my eyes and even slim my jawline, I have become \_\_\_\_\_ (addict).

[写作步步升]——完成句子

④On the other hand, students lacking self-discipline \_\_\_\_\_, thus affecting their study and life. (应用文写作之陈述现象)  
另一方面,缺乏自律的学生容易沉迷于观看短视频,从而影响他们的学习和生活。

### 句型透视

① (教材 P14) I'll find a way to improve on my own so that I can make the team next year. 我会找到一个提高自己球技的方法,这样明年我就能加入球队了。

句型公式

so that... 以便于……

#### 【句式点拨】

此句中 so that 引导目的状语从句,相当于 in order that,意为“以便于……”。so that 引导目的状语从句时,在从句中往往有 can, could, may, might 等情态动词,通常主句在前,从句在后,主句和从句之间没有逗号。

#### 【相关拓展】

so... that... 和 such... that... 均可引导结果状语从句,表示“如此……以致……”,其中 such 修饰名词,so 修饰形容词或副词。具体的搭配形式是:

(1)so... that... 引导的结果状语从句:

{ so + *adj.* / *adv.* + that...  
so + *adj.* + a(n) + 可数名词单数 + that...  
so + many/much/few/little + 名词 + that...

(2)such... that... 引导的结果状语从句:

{ such + *adj.* + 不可数名词 + that...  
such + *adj.* + 可数名词复数 + that...  
such + a(n) + *adj.* + 可数名词单数 + that...

[温馨提示] 为强调 so... that... 句型中的形容词或副词,可以把 so 放在句首,主句用部分倒装结构。

[考点多维练]——单句填空

① There were \_\_\_\_\_ many visitors in the exhibition centre that we could hardly move on.

②[2023·新高考全国 I 卷] I was \_\_\_\_\_ happy to hear the news that I immediately shared it with my teacher.

③He made \_\_\_\_\_ rapid progress this term that he was able to keep a diary in English before long.

④[2020·江苏卷] They decide to have more workers for the project \_\_\_\_\_ that it won't be delayed.

[写作步步升]——完成句子

⑤[2022·新高考全国 I 卷] Try to finish it within one day \_\_\_\_\_ on Sunday.

尽量在一天内完成,这样学生们周日还有一整天的休息时间。

⑥[2021·新高考全国 I 卷] Hearing the words, she \_\_\_\_\_ (如此高兴以至于) she beamed and her bright smile lit up the room.

② (教材 P18) But spending too much time online is unhealthy and makes it very difficult to focus on other things in life.

然而,花费太多时间上网有损健康,也会让你们很难专注于生活中的其他事情。

句型公式

make it + *adj.* / *n.* + (for sb) to do sth

#### 【句式点拨】

本句是“make + it + 形容词 + to do sth”结构,其中 it 为形式宾语,指代后面的不定式结构。it 作形式宾语时,除指代不定式之外,还可指代动名词或从句。能用于此结构的常见动词有: think, feel, find, consider 等,构成“动词 + it + 形容词/名词 (+ for/of sb) + to do/从句”。

对比:动词 + it + no good/no use/useless/a waste of time/worthwhile 等 + 动名词(doing)。

[考点多维练]——单句填空

①We think it necessary \_\_\_\_\_ (move) the articles by way of combined transportation.

②We consider it no good \_\_\_\_\_ (do) the experiment again without the guidance of the teacher.

③People in the West make it a rule \_\_\_\_\_ (buy) Christmas presents for their relatives and friends.

[写作步步升]——完成句子

④The event celebrates its 22nd anniversary with a great show of the very best of gardening, \_\_\_\_\_ in gardening. (应用文写作之活动介绍)

该活动通过最优秀的园艺展览来庆祝其 22 周年,这使其成为园艺界最受欢迎的活动之一。

⑤ [2022 · 全国乙卷] As we can see from the chart, 65% of the students \_\_\_\_\_ to learn English. (应用文写作之图表分析)

正如我们从图表中看到的那样, 65% 的学生认为听英语歌曲对他们学习英语很有用。

## 当堂过关检测

### Ⅰ 单句填空

- [2023 · 北京卷] The amount of time needed to build a habit will depend on multiple factors, including the individual and the intended \_\_\_\_\_ (behave).
- [2021 · 全国甲卷] To add a different flavour and give our culture an international touch, I wonder which ones are most \_\_\_\_\_ (suit) and **attractive** to you foreign friends?
- [2020 · 全国新高考 I 卷] After \_\_\_\_\_ (graduate), she worked to help her sisters and brothers pay for their schooling.
- With the deadline approaching, it became more \_\_\_\_\_ (challenge) for them to finish the task.
- [2021 · 新高考全国 I 卷] Hotel and Hostel Des Artistes is located just a 10-minute walk from the central city station and it's close to all of the city's main \_\_\_\_\_ (attract).
- [2023 · 全国甲卷] She warns of the environmental dangers facing society, and she teaches that people must take \_\_\_\_\_ (responsible) for saving their environment.
- [2021 · 新高考全国 I 卷] Hunters willingly pay the stamp price to ensure the \_\_\_\_\_ (survive) of our natural resources.
- [2021 · 新高考全国 I 卷] Language researchers say pronunciation and \_\_\_\_\_ (fluent) are the biggest barriers, followed by grammar in effective spoken English.
- Hard as we might try, we have yet to come up with any \_\_\_\_\_ (solve) to the problem.
- The two club members are **exchanging** ideas about how to **quit** \_\_\_\_\_ (drink).
- Every \_\_\_\_\_ (recommend) she gives me is great since she can predict if I will like a particular restaurant.
- If you have a \_\_\_\_\_ (prefer) for **advanced content**, it may be helpful to seek **additional** resources.

### Ⅱ 短语检测

- Social work is different from other professions, because we \_\_\_\_\_ (关注) the person and environment.
- The storm is thought to \_\_\_\_\_ (对……负责) as many as four deaths.
- A large number of tourists \_\_\_\_\_ (喜爱, 被吸引) the Great Wall each year.
- Nearly everyone knows \_\_\_\_\_ (对……入迷) online games is harmful to the young.
- If you want to become a member of our club, you'd better \_\_\_\_\_ (报名) it at first.
- Since you are patient with children, you \_\_\_\_\_ (对……适合) the job.
- My parents spent the whole morning \_\_\_\_\_ (打扫) our house for welcoming an important guest.
- In order not to miss the plane, you should arrive at the airport \_\_\_\_\_ (提前).

### Ⅲ 重点句型

- As an art lover, I always go to art exhibitions \_\_\_\_\_ (whenever).  
作为一名艺术爱好者, 我总是一有机会就去艺术展。
- The volunteers **recommended** that \_\_\_\_\_ .  
志愿者建议政府清理被污染的河流。
- I spend more time learning English every day \_\_\_\_\_ (so that).  
为了能取得更大的进步, 我每天花更多的时间来学英语。
- \_\_\_\_\_ is not just a way of going from one place to another.  
在伦敦坐出租车旅行不仅仅是一种从一个地方到另一个地方的方式。
- It is the Internet \_\_\_\_\_ to get the latest information from all over the world. (it 作形式宾语)  
正是互联网使从世界各地获取最新的信息变得容易。



#### IV 课文语法填空

My name is Adam and I'm a **freshman** 1. \_\_\_\_\_ **senior high school**. For me, going from junior high school to senior high school 2. \_\_\_\_\_ (be) a really big **challenge**. The first week was a little 3. \_\_\_\_\_ (confuse). First, I had to think carefully about which courses I wanted 4. \_\_\_\_\_ (take). My adviser **recommended** that I 5. \_\_\_\_\_ (sign) up for **advanced** literature because I like English and I'm good at it. I 6. \_\_\_\_\_ (have) to choose

**extra-curricular** activities, too. The coach didn't allow me to join the football team. 7. \_\_\_\_\_ (obvious), I was unhappy, but I won't **quit**. I'll find a way to **improve** on my own so 8. \_\_\_\_\_ I can make the team next year. I joined a volunteer club instead. I'll study harder and get used to being **responsible** for a lot 9. \_\_\_\_\_ (much). I'll be well 10. \_\_\_\_\_ (prepare) for university or whatever else comes in the future.

#### 语言素养提升

##### ① 动词变形练

1. They signed agreements \_\_\_\_\_ (ban) the use of chemical weapons.
2. She \_\_\_\_\_ (ban) from athletics for two years after failing a drug test.
3. The letter \_\_\_\_\_ (bear) no signature, which puzzled her.
4. He wanted \$ 8,000 for the car but I \_\_\_\_\_ (beat) him down to \$ 6,000.
5. Although he \_\_\_\_\_ (beat) in his first race, I was thrilled with his performance.
6. Slowly my eyes \_\_\_\_\_ (become) accustomed to the darkness and soon I fell asleep.
7. Suddenly, she \_\_\_\_\_ (begin) to feel a sense of panic when the fire broke out.

##### ② 构词法规则

构词法	前缀 dis- 表示“否定”、“相反”;dis-还有“分开,分离”的意思
-----	--------------------------------------

指出下列黑体词的含义

1. [2023·新高考全国I卷改编] The author's attitude towards Navajas' studies is **dismissive**.  
\_\_\_\_\_
2. [2021·全国乙卷] On her day of **discharge**, we shared in her delight at her recovery. \_\_\_\_\_
3. [2020·全国新高考I卷] Follow all rules carefully to prevent **disqualification**. \_\_\_\_\_
4. [2020·天津卷] We will probably have to force ourselves to waken our curiosity and **discontent** and keep them awake. \_\_\_\_\_
5. [2022·全国甲卷] I was unwilling to talk with him and often **disobeyed** his rule of not staying out with my friends too late. \_\_\_\_\_

##### ③ 熟词生义练

指出下列黑体词在句中的不同含义

##### 1. affect

- ① The heartfelt speech delivered by the activist **affected** the audience, inspiring them to take action. \_\_\_\_\_
- ② These viruses **affect** children and are highly infectious. \_\_\_\_\_

##### 2. against

- ① [2021·全国甲卷] I came across a small clearing and immediately noticed the dead yellow grasses set **against** the fresh snow. \_\_\_\_\_
- ② The last part of the course was hard because I was running **against** the wind. \_\_\_\_\_
- ③ The waves crashed **against** the rocks with tremendous force. \_\_\_\_\_
- ④ She leaned her head **against** the window and closed her eyes. \_\_\_\_\_
- ⑤ He voiced his strong opinions **against** animal cruelty in a public speech. \_\_\_\_\_

##### 3. air

- ① She had an **air** of confidence. \_\_\_\_\_
- ② The television interview will be **aired** to all parts of the country. \_\_\_\_\_
- ③ Leave the windows open to let the room **air** a bit. \_\_\_\_\_

##### 4. appetite

- ① He suffered from headaches and loss of **appetite**. \_\_\_\_\_
- ② She has an amazing **appetite** for knowledge. \_\_\_\_\_

5. approach

①[2023·浙江1月考] InSPIRE is investigating practical **approaches** to “low-impact” solar development, which focuses on establishing and operating solar farms in a way that is kinder to the land. \_\_\_\_\_

②[2021·天津卷] Human qualities also involve how you think, how you **approach** problems, and how you break them down. \_\_\_\_\_

③If you look out of the window on the left, you'll see that we're now **approaching** the Eiffel Tower. \_\_\_\_\_

写作素养提升

2. 情感细节描写——焦虑、担忧与紧张

【语言素材】

焦虑的;忧虑的	anxious	焦急地/不安地	with anxiety/uneasiness
难过的;沮丧的	upset	关心	be concerned about/care about
担心的;不安的	uneasy/restless	为……而担忧/忧虑	be worried about
担心的;挂念的	concerned/worried	情绪紧张, 忐忑不安	(have/get/with) butterflies in one's stomach
紧张的	nervous	掩饰紧张/焦虑	hide one's nervousness/anxiety
焦虑	anxiety	一阵紧张/焦虑	a wave/flood of tension/anxiety
紧张;焦虑	tension	心怦怦直跳	one's heart pounds/beats/races wildly/loudly/hard
屏住呼吸	hold one's breath	一片空白	go blank
手发抖	with one's hands shaking	如坐针毡	sit on pins and needles

【跟踪演练】

Ⅰ 单句表达

1. Lost in the mountain, they had nothing to do but \_\_\_\_\_.  
他们在山里迷了路,只好焦急地等待救援。
2. Watching him climb up the precipice, everybody was breathless \_\_\_\_\_.  
看着他往悬崖上爬,大家都不安地屏住了呼吸。
3. \_\_\_\_\_ with each passing day as she awaited the results of her exam.  
在等待考试结果的过程中,她的焦虑与日俱增。
4. As the evening wore on, they \_\_\_\_\_.  
随着夜色渐深,他们越来越担忧。
5. \_\_\_\_\_ struck him.  
一阵紧张感向他袭来。
6. \_\_\_\_\_, Derek detailed the accident to Mr Such.

德里克忐忑不安地向萨奇先生详述了事故经过。

7. She tried to \_\_\_\_\_, but she could feel her heart thump.  
她试图掩饰自己的紧张,但她能感到自己的心在怦怦地跳。

Ⅱ 语段表达

Last night, I 1. \_\_\_\_\_ (无法入睡), **tossing and turning** in bed for a whole night. When I stood backstage, 2. \_\_\_\_\_ (一阵紧张) flooded over me. When my name was called, I felt 3. \_\_\_\_\_ (忐忑不安). I could feel **my palms sweating** and 4. \_\_\_\_\_ (心怦怦直跳). Breathing deeply, I tried to keep calm, but my mind 5. \_\_\_\_\_ (一片空白).